
INNOVATE THE WAY WE

GROW

GROWING MICROGREENS



Day 1 - 2

- Place one sheet of microgreen fiber paper in each open microgreen profile.
- Switch on the water so that your fiber paper is soaked. (it is a soft trickle not a gush, use blue taps adjust the trickle)
- Scatter your seeds densely onto the fiber paper. (You can use an old salt shaker or spice pots with holes in the top works well)
- Note your microjet tubes should continuously slowly dripfeed the Nutrient Water to your seeds. (blue taps adjust the trickle)
- Cover your seeds so that they are in darkness for 1 – 2 days until you see they have germinated (cardboard works very well)
- PH 6.5

Day 2-3

- Remove your microgreens from the dark room and you will start seeing the seeds germinating. (Depending on seed type, some seeds may germinate before others.)
- Make sure your NFT microjet drip irrigation slowly trickle continuously 24 hours a day to keep your grower medium moist.
- If you detect mould you have too much moisture on your seeds.



Day 4 - 7

- Monitor your airflow, watering and seed density to control mould issues.
- Simply watch your microgreens grow.
- You can now clearly see which seeds has germinated before others, we suggest that you keep the same seeds in the one NFT profile for ease of harvesting.

Day 7 - 9

- When harvesting they are best cut with very sharp scissors or shears.
- They should be cut above the substrate / media high enough so as to avoid contamination and or contact with the media that they are grown in.
- A small stub of the plant should be all that is left behind.
- They bruise very easily so a gentle hand is required.
- Carefully place them into small plastic containers for sale.



BASIL



BEET



SWISS CHARD



ARUGULA

